

Horse Dynamics cc 2006/203430/23 "Bringing therapeutic horse riding to your school"

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Horse Dynamics presents

"Kiddy-Up" Pony Camp '08-'09

- The Horse Dynamics team is made up of therapists, riding instructor, grooms... and of course our beloved horses. We give a warm welcome to Theresa Odendaal who will be involved with private afternoon lessons for children, teenagers and adults for next year. We believe that riding is great for everyone, whether you are doing it for therapy, for fun or strive to compete.
- 2. "Kiddy-Up"- pony camp is for all children between 4 13 years. Participating in this fun experience will allow children to learn about horses, develop horsemanship skills, socialise in a positive environment and learn good values. No actual riding skills are necessary. Activities will include daily riding / instruction, demonstrations, videos and lots of fun and laughter. Other activities such as boeresport, water games, art and (oh, no!) stable chores are all part of the pony camp. Your child's safety as well as his enjoyment is our priority.

This is an inexpensive, positive way to let your children find out if they really want to pursue horse riding and whether or not they can handle the care and duties that come along with the actual riding. Hide the Xbox, Wii, Playstation, Barbie & Kent and give them sunshine and fresh air on the 8 hectare plot, 2.7 km from Silver Lakes.

3. Available dates: during the week from **Monday 8 December to Thursday 11 December** and the week from **Monday 5 January to Thursday 8 January**.

Parents please bring your children from 08h00-09h00 everyday and try not to pick them up before 15h00. Familiarisation with instructors and Horse Dynamics staff is necessary.

- 4. As we only have a limited number of places available, it is a good idea to reserve you're booking soon to ensure participation in the "Kiddy-Up" Pony Camp.
- 5. Things to bring:
 - You'll be required to bring long trousers, boots or other closed shoes with a slight heel (school shoes are perfect) and a horse-riding or cycling helmet (or borrow one from us – please indicate if would require a helmet).
 - For non-riding activities, pack comfortable walking shoes and casual clothes according to weather conditions. Remember these are outdoor activities and clothes must be allowed to get dirty. There will be time to change.
 - Three light meals are provided. If your child has any special dietary requirements, please supply own food
 - Pack sunscreen <u>and</u> hats for sun-protection.

6. Cost:

- R 200-00 per day / R 500-00 for 3 days / R 600-00 for the full 4 days include all activities, meals and snacks!
- o 10% discount for parents with two or more children.